

*The Prince George's Running Club* presents the  
**Greenbelt 50 /50 5K Fun Run & Walk**

To benefit the Greenbelt Labor Day Festival and the St. Hugh Knights of Columbus

**Race entries limited to first 150 registrants!!**

**Saturday, May 21, 2005 at 8:00 am**

**Location:** Race day registration and packet pick up at the **Greenbelt Youth Center**, 99 Centerway, Greenbelt, MD. The run starts on the trail just behind the Youth Center at 8:00 a.m. sharp. Walk starts at 8:05.

**Awards: Short Sleeve** T-shirts for all runners. Random prizes. Refreshments for everyone. Certificates will be given out to top places in age groups.

**Packet pickup & race day registration:** 7:00-7:45 a.m. at the Greenbelt Youth Center, 99 Centerway, Greenbelt.

**Registration and Fees:**

**Pre-registered--\$15** (please do not mail after 5/14)

*Make checks payable to PGRC*

Mail to:

Austin Conaty

8150 Lakecrest Drive #710

Greenbelt, MD 20770

**Race day--\$20**

**Online Registration:** [www.active.com](http://www.active.com)

*Celebrate Spring in Greenbelt and help raise money for the Greenbelt Labor Day and St. Hugh Council KofC.*



ST HUGH COUNCIL  
 KNIGHTS OF  
 COLUMBUS

**Course:** Flat, fast course through Greenbelt Lake at Buddy Attick Park. For the safety of all runners, no strollers, baby joggers, pets, or headphones are permitted in the race.

**Directions:** From Capital Beltway, take exit #23, Kenilworth Ave. north towards Greenbelt. Turn right at the light on Crescent Road. Drive approximately 1.4 miles and turn right at the stop sign just past the library on the right. Park in the parking lot behind Greenbelt Library. Registration and packet pickup at the nearby Greenbelt Youth Center.

For Additional Information: Austin Conaty at 301-982-9246 or visit PGRC [www.pgrc.org](http://www.pgrc.org) on the net.

**PGRC is a member of RRCA and promotes running and walking in Prince George's County.**

Female\_\_\_ Male\_\_\_ (ver2.0)

**RACE NUMBER**  
 OFFICIAL USE ONLY

NAME \_\_\_\_\_  
 Please print First M.I. Last

DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_

AGE ON RACE DAY \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_ ZIP \_\_\_\_\_

EVENING PHONE \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ EMAIL \_\_\_\_\_

Club: PGRC  
 Other \_\_\_\_\_

T-SHIRT SIZE: M\_\_\_ L\_\_\_ XL\_\_\_

**Entry and waiver MUST be signed by runner (parent or guardian if runner is under 18)**

I know that running is a potentially hazardous activity and that I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run. I assume all risks associated with running including, but not limited to, falls, contact with other participants, the effects of the weather, including heat and high humidity, and the condition of the path or road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my enrollment, I, for myself and anyone entitled to act on my behalf, waive and release the Prince George's Running Club, the City of Greenbelt, plus all event partners, sponsors, volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this race even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. If I am signing this waiver as parent or legal guardian on behalf of the minor(s) named above, I agree to be responsible for the conduct and safety of the minor(s), and I recognize and assume the risks described above on behalf of those minor(s).

Signature: \_\_\_\_\_ Date: \_\_\_\_\_